deals

2X monthly!

November 11–December 1, 2026

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Bonafide Provisions Organic Bone Broth
selected varieties

$5.49

24 oz



Simple Mills Crackers
selected varieties

2/$7

4.25 oz

Celebrate Together With Fall Savings

Farmer's Market Organic Sweet Potato Puree



$2.79

15 oz

Dandies Vegan Marshmallows
selected varieties



$3.29

10 oz

Wholly Wholesome Organic Pie Shells
selected varieties



$4.99

14 oz

Once Again Organic Peanut Butter
selected varieties



$5.29

16 oz

Crofter's Organic Fruit Spread
selected varieties



$4.79

16.5 oz

Painterland Sisters Organic Skyr Yogurt
selected varieties



2/$5

5.3 oz

Alden's Organic Ice Cream
selected varieties



$8.99

48 oz

Immaculate Organic Flaky Biscuits



2/$8

16 oz

Zack's Mighty Organic Tortilla Chips
selected varieties



$3.79

7.5 oz



Look for new deals on **December 2!**

BACK TO NATURE®
EST. 1960

Tasty Snacks Since Way Back

Back to Nature has been crafting remakes of your fave snacks since 1960. Always Non-GMO Project Verified and plant-based, with no high-fructose corn syrup, no artificial flavors, and no synthetic colors.



Back to Nature Cookies
selected varieties

$4.29

5.5–7.7 oz



Back to Nature Crackers
selected varieties

2/$6

4–7 oz

Crunchmaster Crackers
selected varieties

2/$7

3.54–4 oz



Terra Vegetable Chips
selected varieties

2/$6

5–6 oz



Cascadian Farm Organic Cereal
selected varieties

2/$8

8.6–14.6 oz



Boulder Canyon Kettle Potato Chips
selected varieties

2/$6

5.25–6.5 oz



Mary's Gone Crackers Organic Crackers
selected varieties

2/$7

4 oz



Annie's Organic Graham Crackers
selected varieties



2/$7

14.4 oz



Alter Eco Organic Chocolate Bar
selected varieties

$3.99

2.65–2.82 oz

alter eco

Chocolate Worth Sharing
Gather, share, and savor something delicious. Alter Eco crafts irresistibly rich organic chocolate with thoughtfully sourced ingredients—making every bite a little better for people and the planet.

Bob's Red Mill

New look, same trusted quality. Bake up holiday traditions with Bob's Red Mill. Stock up on our best-selling flours and enjoy the quality home bakers count on for cookies, breads, pies, and all your favorite seasonal recipes.



Bob's Red Mill Organic Flour
selected varieties

$5.79

5 lb



Bob's Red Mill Almond Flour
selected varieties

$7.99

16 oz

Enjoy Life Chocolate Chips
selected varieties



$6.29

9 oz

Let's Do Organic Shredded Coconut
selected varieties



$2.79

8–8.8 oz

King Arthur All-Purpose Flour



$5.79

5 lb

Spectrum Culinary Organic Shortening



$9.99

24 oz

La Tourangelle Grapeseed Oil



$8.49

16.9 oz

Bragg Organic Apple Cider Vinegar



$2.99

16 oz

Chosen Foods Avocado Oil Mayo
selected varieties



$6.29

11.25–12 oz

Graza Sizzle Extra Virgin Olive Oil



$10.99

750 ml

The Ginger People Organic Ginger
selected varieties



$4.49

6.7 oz

Lundberg Family Farms Organic Rice
selected varieties



$6.49

2 lb

Westbrae Organic Beans
selected varieties



2/$5

15 oz

Kettle & Fire Broth

selected varieties



$2.79

32 oz

Pacific Foods Organic Broth

selected varieties



$3.29

32 oz



Simply Organic Gravy Mix

selected varieties

$1.09

0.85–1 oz



Simply Organic Dip Mix

selected varieties

$1.59

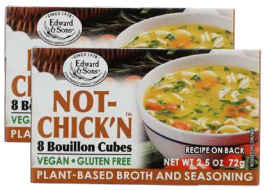
0.7–1.5 oz

Simply Organic®

Celebrate the season with organic goodness. From Brown Gravy Mix to French Onion Dip Mix, Simply Organic® brings trusted organic flavor to every holiday table.

Edward & Sons Bouillon Cubes

selected varieties



2/$4

2.2–3.1 oz

CADIA

Organic cranberry sauce brings bright, tangy sweetness to any table. Effortless, festive & delicious.



Montebello Organic Pasta

selected varieties



$4.29

1 lb

Muir Glen Organic Pasta Sauce



2/$7

23.5 oz

Muir Glen Organic Tomatoes

selected varieties



2/$6

28 oz

Divina Organic Olives

selected varieties



$3.99

4.9–6 oz

Choice Organics Organic Tea

selected varieties



$3.29

16 ct

Teeccino Herbal Tea

selected varieties



$4.79

10–12 ct

San Pellegrino Sparkling Water



2/$4

750 ml

Zevia Zero Calorie Soda

selected varieties



$5.49

6/12 oz

Saratoga Sparkling Spring Water



2/$5

28 oz

Lakewood Organic Pure Pomegranate



$9.99

32 oz

Fever-Tree Mixers

selected varieties



$4.29

4/6.8 oz

Pressed Juicery Cold-Pressed Juice

selected varieties



$3.29

15.2 oz

Elmhurst Plant Milk

selected varieties



$4.79

32 oz

West Life Organic Soymilk

selected varieties



$2.79

32 oz

Dream Organic Ricemilk

selected varieties



$2.99

32 oz



Organic Valley Shredded Cheese

selected varieties

$3.79

6 oz



Organic Valley Butter

selected varieties

$7.99

16 oz



Organic Valley Cheese Blocks

selected varieties

$4.49

8 oz

ORGANIC VALLEY

Bring some small family farm goodness to your fall recipes with Organic Valley. All Organic Valley dairy products are made with milk from pasture-raised cows for an organically delicious flavor.

MILK FROM IRISH GRASS-FED COWS

Kerrygold™

Bring Home the Taste of Ireland

From rich, creamy butter to deliciously bold cheese, Kerrygold brings the authentic taste of Ireland to your table. Made with milk from Ireland's lush green fields, every bite delivers rich, creamy taste you'll love.

Made with Goodness. Loved for the Taste.



Kerrygold Butter
selected varieties

$4.79

8 oz



Kerrygold Cheese Block
selected varieties

$4.99

7 oz

4th & Heart Ghee
selected varieties

$8.99

9 oz



Earth Balance Organic Whipped Plant Butter Spread

$5.29

13 oz



Vital Farms Organic Pasture-Raised Large Eggs



$7.99

1 dz

Green Valley Organic Lactose Free Yogurt
selected varieties



$4.49

24 oz

SOWN Organic Oat Creamer
selected varieties



$4.29

32 oz

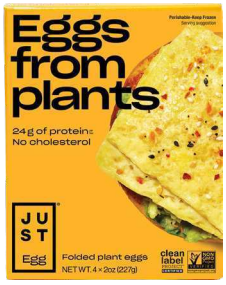
Flax4Life Mini-Muffins
selected varieties



$5.99

14 oz

JUST Folded Plant Eggs



$4.79

8 oz

Daiya Dairy-Free Slices
selected varieties



$3.49

7.8 oz

Stahlbush Island Farms Frozen Fruit
selected varieties



2/$7

10 oz

Ice Cream for Bears Ice Cream
selected varieties



$5.99

14 oz

Carlson
Cod Liver Oil
selected varieties



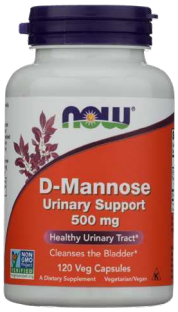
$33.99
250 ml

Natural Factors
DGL Licorice Root Extract 400 mg



$14.99
90 tab

NOW
D-Mannose 500 mg



$18.99
120 vcap

Rainbow Light
Women's One+
Real Food Nutrients



$9.99
30 ct

Pranarom
Organic Lavender
Essential Oil



$9.99
5 ml

World Centric
Assorted Compostable
Cutlery



$1.39
24 ct

Dr. Bronner's
Organic Toothpaste
selected varieties



$5.49
5 oz

Herbatint
Permanent Haircolor Gel
selected varieties



$13.99
5.75 oz

if you care
QUALITY WITH INTEGRITY

If You Care makes eco-friendly home and kitchen essentials with nothing unnecessary added and nothing sacrificed—just safe, reliable performance you can see and taste. Because when you're making holiday memories with the people you love, what you make them with matters, too.



If You Care
Large Baking Cups

$1.79
60 ct



If You Care
Parchment Baking Paper

$4.99
70 sq ft



If You Care
Coffee Filters
selected varieties

$3.49
100 ct

Autumn Snack Board

25 MIN · SERVES 6 · VEGETARIAN



Celebrate the flavors of fall by creating a simple snack board featuring seasonal ingredients. Mix and match your favorite items to create a balance of sweet, savory, crunchy, and creamy flavors.

START WITH

3 Cheeses: Choose a variety of textures and flavors, such as seasonal goat cheese, aged Gouda, or cranberry cheddar. Aim for at least 3 ounces of each cheese. Cut at least half of each cheese into cubes or slices.

Crackers: Include a mix of crackers, such as dried cranberry-studded or whole-grain varieties.

Fresh Fruit: Add seasonal fruit like pears, blackberries, fresh figs, or grapes.

Crunch: Include nuts such as pistachios, candied pecans, or walnuts.

Something Sweet: Add maple cookies or another fall-inspired treat.

Spread: Pair with a spiced fruit butter, such as pumpkin or apple butter.

Garnish: Fresh sage or rosemary sprigs add a festive autumnal touch.

DIRECTIONS

Arrange ingredients on a board, mixing colors, textures, and heights to create an inviting presentation. Include cheese knives, mini tongs, and other serving implements. Enjoy with friends, family, or as an easy seasonal appetizer. Serve cheese at room temperature for the best flavor—remove from refrigeration about an hour before serving.



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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SW-B