

deals

2X monthly!

March 25–April 14, 2026

Scan to download!



Bob's Red Mill Organic Flour
selected varieties

\$5.79

5 lb



Vital Farms Organic Pasture-Raised Large Eggs

\$8.99

1 dz



Fresh Savings in Full Bloom

St. Dalfour French Fruit Spread
selected varieties



\$3.99

10 oz

SmartSweets Candy
selected varieties



2/\$5

1.8 oz

Annie's Organic Cheddar Cheesy Smiles
selected varieties



2/\$7

4 oz

Lundberg Family Farms Organic Rice Pouches
selected varieties



\$6.49

2 lb

Califia Farms Organic Almondmilk



\$4.79

48 oz

Harmless Harvest Organic Coconut Water



\$3.99

16 oz

If You Care Parchment Baking Paper



\$4.99

70 sq ft

Uncle Matt's Organic Orange Juice
selected varieties



\$7.99

52 oz

ECOS Laundry Detergent
selected varieties



\$12.99

100 oz



Look for new deals on April 15!

Crispy Sheet Pan Ramen

40 MIN • SERVES 4 • TRADITIONAL

INGREDIENTS

- 2/3 cup teriyaki sauce or your favorite stir fry sauce
- 2 teaspoons sriracha hot sauce
- 1 teaspoon chicken bouillon, optional
- 6 tablespoons avocado oil
- 4 packages ramen noodles
- 1 pound boneless, skinless chicken breast, sliced into 1/4" thick pieces and halved
- 1/2 pound broccoli, cut into 1/2" pieces
- 6 ounces sugar snap peas, trimmed
- 1/4 pound carrots, peeled and sliced into 1/8" slices
- 4 scallions, cut into 1" pieces

DIRECTIONS

- 1 Preheat oven to 450°F. Whisk together teriyaki sauce, sriracha, optional chicken bouillon, and oil until smooth.
- 2 Cook ramen noodles based on the package instructions. Drain and rinse.
- 3 Place chicken, broccoli, snap peas, carrots, scallions, cooked noodles and half of the sauce mixture in a mixing bowl and toss to combine.
- 4 Evenly spread mixture on one or two unlined sheet pans. Rearrange chicken pieces so they are on the top of the noodles and veggies.
- 5 Bake for 15 minutes then turn the broiler on high and continue to cook until chicken has cooked through, approximately 3–5 minutes, and to desired crispness.
- 6 Remove from oven and drizzle with remaining sauce as needed.



*Chicken can be substituted for another protein of choice. Proteins should be cut into 1/4" slices for fast cooking.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



SW-A



We believe food has the power to impact the future of the planet and everybody on it.

From partnering with the farmers who grow our food to thoughtfully choosing the packaging it comes in, we've always had your family and our planet in mind.



Annie's Mac & Cheese
selected varieties

4/\$5
5.25 - 6 oz



Annie's Organic Bunny Crackers
selected varieties

2/\$6
7 - 7.5 oz



Annie's Organic Fruit Snacks
selected varieties

2/\$6
7 oz

Carbone Pasta Sauce
selected varieties



\$5.79
15 - 24 oz

Napa Valley Naturals Organic Extra Virgin Olive Oil



\$17.99
25.4 oz

Manitoba Harvest Organic Hemp Hearts



\$9.99
12 oz

Dr. McDougall's Ramen
selected varieties



2/\$4
1.8-1.9 oz

Pacific FOODS.

Stock your pantry with delicious organic soups and broths from Pacific Foods. Our soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



Pacific Foods Organic Soup
selected varieties

2/\$5
10.5 oz



Pacific Foods Organic Broth
selected varieties

\$3.29
32 oz

Imagine Organic Soup
selected varieties



\$3.99
32 oz

**Muir Glen
Organic Tomatoes**

selected varieties

2/\$5

28 oz



**Westbrae Natural
Organic Beans**

selected varieties

2/\$5

15 oz



**Divina
Organic Olives**

selected varieties

\$3.99

4.9 - 6.0 oz



**Cascadian Farm
Organic Potatoes**

selected varieties

2/\$7

16 oz



**Purely Elizabeth
Granola**

selected varieties

\$6.29

12 oz



**DR. BRONNER'S
ALL-ONE!®**



**Dr. Bronner's
All-One Toothpaste**

selected varieties

\$5.49

5 oz



**Dr. Bronner's
Regenerative Organic
Coconut Oil**

\$6.99

14 oz

Roasted Salmon and White Bean Spread

15 MIN • SERVES 4 • GLUTEN-FREE

INGREDIENTS

- 1 15-ounce can white beans, drained and rinsed
- 4 tablespoons olive oil, divided
- 2 tablespoons lemon juice
- 2 large garlic cloves, minced
- ½ teaspoon sea salt
- ¼ teaspoon coarse ground black pepper
- 4-6 ounces smoked trout or smoked salmon, flaked
- 2 tablespoons chopped chives
- 2 tablespoons fresh oregano leaves or ¼ teaspoon dried oregano
- 1 tablespoon capers, drained
- Crackers or bread to serve

DIRECTIONS

- 1 In a food processor combine beans, 3 tablespoons of olive oil, lemon juice, garlic, salt, and pepper. Run processor until mixture is smooth.
- 2 Spread bean mixture onto a service plate creating swirls. Drizzle on remaining olive oil and top with flaked smoked fish, fresh herbs, and capers.
- 3 Serve with crackers or sliced artisan bread.





We're creating a wave of "Cascading Change" with cereal! Cascadian Farm is a pioneering supporter of farmers who use practices that regenerate our land and communities. Our Raisin Bran and Honey Oat Crunch cereals contain at least 1% Kernza grain, a plant that helps mitigate climate change, slow soil erosion, keep our water clean, and protect wildlife habitats. Let's build a more sustainable future!



Cascadian Farm Organic Cereal
selected varieties

2/\$6
8.6 -14.6 oz

GoMacro Organic MacroBar
selected varieties



\$2.29
2-2.3 oz

CHOMPS Meat Snack Sticks
selected varieties



2/\$4
1.15 oz

Mamma Chia Organic Chia Squeeze
selected varieties



2/\$3
3.5 oz

NATIONAL
VOLUNTEER MONTH



Aloha Organic Protein Bars
selected varieties



2/\$4
1.98 oz

Artisana Organics Organic Raw Almond Butter



\$13.99
14 oz

KIND Nut Bar
selected varieties



2/\$3
1.4 oz





Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days!

Back to Nature Crackers
selected varieties

Back to Nature Sandwich Cookies
selected varieties

2/\$6

4-7 oz

\$3.69

8.25 - 9 oz

Solely Organic Fruit Jerky
selected varieties

4/\$5

0.8 oz



Good Health Avocado Oil Potato Chips
selected varieties

2/\$5

5 oz



Darrell Lea Licorice
selected varieties

\$2.29

7 oz



Magic Organic Chocolate Bar
selected varieties

\$3.79

2.93-3 oz



Mavuno Harvest Organic Chocolate Dipped Dried Fruit
selected varieties

\$3.29

3 oz



Lovebird Organic Grain-Free Cereal
selected varieties

\$5.99

7 oz



Annie's Organic Graham Crackers
selected varieties

\$4.29

14.4 oz



Snack Factory Pretzel Crisps
selected varieties

2/\$6

5 - 7.2 oz



Tate's Bake Shop Cookies
selected varieties

\$4.29

6.5 - 7 oz



Popchips
Popped
Potato Snack
selected varieties



2/\$6

5 oz

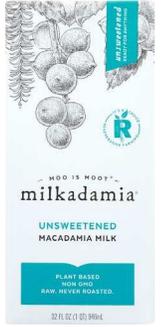
Guittard
Baking Chips
selected varieties



\$7.99

9 - 12 oz

Milkadamia
Macadamia Milk
selected varieties



\$4.79

32 oz

Enjoy Life
Chocolate Chips
selected varieties



\$5.79

9 oz

Miss Jones Baking Co
Organic Frosting
selected varieties



\$4.79

11.29 oz

Spectrum Culinary
Organic White Vinegar



\$6.29

32 oz

C2O
Coconut Water
selected varieties



\$2.29

17.5 oz

Nixie
Organic Soda
selected varieties



\$1.69

12 oz

R.W. Knudsen
Juice Blend
selected varieties



\$4.29

32 oz

Eternal
Naturally Alkaline
Spring Water



\$1.79

1.5 lt

Santa Cruz Organic
Organic Juice Blend
selected varieties



\$4.79

32 oz

Health-Ade
Organic Kombucha
selected varieties



2/\$6

16 oz

Silk
Organic Soymilk
selected varieties



\$4.79

64 oz

Bellwether Farms
Sheep Milk Yogurt
selected varieties



\$4.79

16 oz

Chobani
Greek Yogurt
selected varieties



2/\$3

5.3 oz



Delicious, easily digestible goat milk kefir is not only packed with probiotics, but also a good source of protein. And our creamy European-style butter will elevate even the simplest recipes. Meyenberg...bringing the goodness of goat milk to people since 1934.



Meyenberg Goat Kefir
selected varieties

\$5.79

32 oz



Meyenberg Goat Milk Butter

\$5.99

8 oz

BelGioioso Fresh Mozzarella Cheese Ball
selected varieties

\$2.99

8 oz



Vive Organic Organic Wellness Shot
selected varieties

2/\$5

2 oz



Koia Plant-Based Protein Shake
selected varieties

2/\$6

12 oz



Ripple Plant-Based Milk
selected varieties

\$4.49

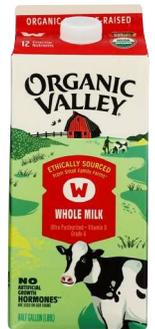
48 oz



Organic Valley Organic Milk
selected varieties

\$4.99

64 oz



Nuts for Cheese Organic Dairy-Free Cheese
selected varieties

\$5.99

4.2 oz



Kerrygold Butter
selected varieties

\$5.29

8 oz



Nancy's Organic Cream Cheese
selected varieties

\$3.79

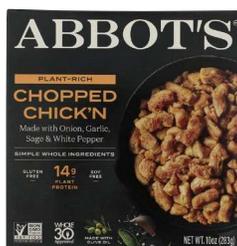
8 oz



Abbot's Plant-Based Meat Alternative
selected varieties

\$5.49

10 oz



Wildwood Organic High Protein Super Firm Tofu

\$2.79

16 oz



Ithaca Hummus
selected varieties

2/\$7

10 oz



**Immaculate
Organic Flaky Biscuits**



\$3.99

16 oz

**Pitaya
Organic Smoothie Packs**

selected varieties



\$5.29

14-16 oz

**Bluebonnet
Liquid Calcium
Magnesium Citrate**

selected varieties



\$15.99

16 oz

**Boiron
AllergyCalm Meltaway
Tablets**



\$11.99

60 tab

**WishGarden Herbs
Kick-Ass Immune
Activator**

selected varieties



\$21.99

2 oz

**Floradix
Floravital Liquid Iron
& Herbs**

selected varieties



\$23.99

8.5 oz

**Nordic Naturals
Ultimate Omega**



\$21.99

60 ct

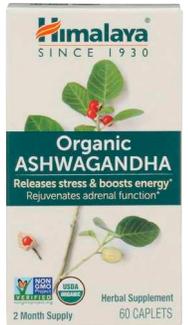
**MegaFood
Magnesium 300 mg**



\$12.99

60 ct

**Himalaya
Organic
Ashwagandha**



\$17.99

60 ct

**THE GOOD
COLLECTIVE™**



**Good For You.
Good For All.**

At The Good Collective, we believe in providing clean and trustworthy wellness essentials that are good for people, planet, and community. Goodness and intentionality guide everything we do—from our clean label promise to our commitment to independent retailers.

Find The Good Collective at an independent retailer near you.

ShopTheGoodCollective.com



Gaia Herbs
Turmeric Supreme
Extra Strength

\$20⁹⁹

60 vcap



Natural Factors
Women's 50+
Multivitamin & Mineral

\$27⁹⁹

60 ct



Garden of Life
Organic Women's
Multi Fruit &
Vitamin Chews

\$24⁹⁹

120 ct



Badger Daily Mineral
Sunscreen 30 SPF

\$17⁹⁹

4 oz



Daids
Premium Toothpaste
selected varieties

\$5⁹⁹

5.25 oz



Mrs. Meyer's Clean Day
Liquid Dish Soap
selected varieties

\$3⁷⁹

16 oz



Repurpose
Compostable 9"
Plates

\$3²⁹

20 ct



gaia[®]
HERBS

*We Get The Most
Out of Plants,
So You Can Get The Most
Out of Life*